

# THE AFTER-SCHOOL UPDATE

Helena United Methodist Church

Volume 2, Issue 2

March 1, 2017



**Theme:** Superheroes

**Motto:** We are to treat every person as a child of God—no one may treat others as if they do not matter.

**LOGOS:** Pre-K—Fourth

**T-ROC:** Fifth—Eighth

## LOGOS & T-ROC Dates for March

- March 1 @ 3:30 pm  
David
- March 8 @ 3:30 pm  
Paul
- March 15—NO LOGOS  
& T-ROC
- March 22 @ 3:30 pm  
Job
- March 29 @ 3:30 pm  
Micah

## Notes From The Director

Greetings,

Just a friendly reminder that Wednesday, March 15th there will be no LOGOS & T-ROC due to Spring Break.

Looking ahead to April. On Wednesday, April 5th we will turn in our coin collection boxes for Heifer International. Also, the kids will turn in their good behavior name tags for goodies out of the treasure chest. Wednesday, April 12th will be the last LOGOS & T-ROC of the Spring Semester. For the LOGOS kids we will have a day at the park, so please remember to pick them up at the park at 5:00 pm. For the T-ROC kids we will have a pizza party at the church.

## Superhero Hands on Mission—Heifer International

We are still collecting coins for Heifer International. Heifer is a Non-Profit Organization located in Little Rock, Arkansas and their mission is to work with communities to end world hunger and poverty and to care for the Earth.

If you do not have a church home or would like to visit us, we have some special services coming up.

This evening (3/1) we will have an Ash Wednesday service. During this service of prayer and reflection, we will receive palm ashes on our foreheads in the sign of the cross. The ashes help us remember to repent and believe the Gospel. This meaningful service will begin at 6 p.m.

We will gather for the First Sunday of Lent on March 5<sup>th</sup>. Practice for the kiddos' Easter program will take place during Sunday School time (9:30 am) beginning on March 5<sup>th</sup>. On Sunday, April 9<sup>th</sup>, we will enter Jerusalem for Palm Sunday as

Holy Week begins. Maundy Thursday will be April 13<sup>th</sup>, as we reflect on the Last Supper of Jesus Christ. On Good Friday, April 14<sup>th</sup>, we remember the crucifixion of Jesus. Our journey leads to the majestic celebration and resurrection of Easter Sunday, which is April 16<sup>th</sup>.

Grace and Peace,  
Sharla Dawn



Coin collection boxes need to be turned in on **Wednesday, April 5th.**

**COW CHRONICLE**  
Cows are a sign of wealth in many countries, and moving cows to seasonal pasture and water has been a way of life for nomads

since earliest times. Heifer dairy cows, though, are usually zero-grazed: kept in a fenced area with fodder carried to them. That way, they don't wander, risking injury and disease. Dairy cows are bred to give milk and can give four or (continued on back)

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### Spring Semester Dates:

Wednesday February 15, 2017 with the last Wednesday on April 12, 2017. (NOTE: Wednesday, March 15th we will NOT have LOGOS or T-ROC due to Spring Break! Thank you!)

## Heifer International—Continued

more gallons every day. Heifer project participants value them highly as suppliers of nourishing protein, so children grow strong and healthy. Families can sell extra milk, butter, cheese or yogurt to provide a steady income. They sell calves after the first heifer (young female cow) is passed on to another family in need. Heifer teaches farmers to plant special grasses and trees with leaves cows like to eat. These plants hold water in the soil, improving its quality. Cow manure is valuable because it

is an excellent crop fertilizer. Some cattle pull plows or other heavy loads.

### Test Your Knowledge

1. A group of cows is called a \_\_\_\_\_.
2. Cows, bulls, steers, heifers, calves and oxen are all \_\_\_\_\_.
3. Cows swallow and chew their food \_\_\_\_\_.
4. Methane gas for cooking and lighting comes from cow \_\_\_\_\_.
5. The first Heifer cow helped hungry people in Puerto Rico in 19\_\_\_\_.

Answers: 1. herd 2. cattle 3. twice (They are ruminants who chew cud.) 4. manure 5. 1944

### Cow Riddle

Do you know which animals were given in the first Heifer project?

Answer: Why COWS, of course! Seventeen cows were given to malnourished families in Puerto Rico in 1944.



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Volunteers needed!  
Sign up today!

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Come and check out photos taken on Wednesdays on Facebook at our closed group Helena UMC - LOGOS/T-ROC

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